



Lisa Wiltshire Alstead, Partner

lalstead@mcdonaldcarano.com
D: 775.326.4316; O: 775.788.2000

Areas of Practice

Employment & Labor Law
Commercial & Complex Litigation
Bankruptcy, Insolvency & Financial Restructuring

Bar Admissions

Nevada, California

Education

- J.D., California Western School of Law, 2006
- B.A., Pepperdine University, Political Science, 2001

Lisa Wiltshire Alstead's practice includes employment and labor law, commercial and complex litigation, and bankruptcy in many jurisdictions across the state of Nevada.

Employment & Labor Law

Ms. Alstead's employment and labor law experience is focused on defending employers and insurers in workers' compensation related matters. She appears regularly before the Hearings Division and Appeals Office of the Nevada Department of Administration and has worked on numerous petitions for judicial review related to workers' compensation claims, including those involving matters of first impression with respect to Nevada's workers' compensation statutes and regulations. She has handled workers' compensation appeals up to the level of the Nevada Supreme Court.

Ms. Alstead has represented various employers from large businesses and construction companies to small or single owner businesses in state and federal OSHA matters. This representation includes providing advice and counseling regarding OSHA citations; advice and counseling regarding informal conferences, defenses to citations, and settlement negotiations with OSHA; representation in contested citation proceedings and litigation at the state and federal levels; and providing advice and counseling regarding compliance with OSHA standards and requirements.

Commercial & Complex Litigation

Ms. Alstead's litigation practice encompasses a broad range of business-related disputes. She has worked with a variety of claims such as breach of contract, breach of guaranty, declaratory relief, breach of implied covenant of good faith and fair dealing, indemnity, contribution, fraud, negligence, construction defects, misconduct of corporate officers and directors, corporate governance issues, breach of fiduciary duties, deficiency actions, Nevada's One Action Rule, commercial landlord/tenant disputes, lockouts and evictions. She has assisted with collection on

distressed loans, receiverships, real estate foreclosure, and post-judgment collection efforts. She has worked on these matters at the lower and appellate levels.

She is experienced in all phases of litigation including initial investigation, negotiations and settlement, drafting pleadings, discovery, motion practice, trial, and post-judgment collections. Her clients include individuals, entrepreneurs, small businesses, single purpose entities, large corporations, financial institutions and banks, insurers and third-party administrators, employers, and agencies created to act as receivers for failed businesses such as financial institutions and insurance companies.

Bankruptcy, Insolvency & Restructuring

Ms. Alstead previously served as a law clerk for Judge Gregg W. Zive of the U.S. Bankruptcy Court in Reno, and an extern for the U.S. Bankruptcy Court for the District of Nevada. Ms. Alstead's practice includes the representation of creditors and debtors in and out of bankruptcy court. She has represented a variety of clients from the loan default stage, to state court litigation, and then subsequently in bankruptcy after a bankruptcy case has been filed, adversary proceedings commenced, or a state court action removed to bankruptcy court. Her work includes the filing of proof of claims, motion practice, objections to disclosures statements and plans of confirmation, seeking relief from the automatic stay, and litigation in adversary proceedings.

Representative Engagements

- *Yturbide v. City of Reno*, 491 P.3d 27 (2021)
- *Walters v. Dist. Ct.*, 127 Nev. 723, 263 P.3d 231 (2011)

Presentations and Publications

- Presenter, "Workers' Compensation Update," McDonald Carano client seminar, November 1, 2023
- Author, "Workers' Compensation Update: Nevada's 82nd Legislative Session and 34th and 35th Special Sessions," McDonald Carano Client Alert, September 12, 2023
- Author, "Workers' Compensation Update: First Responders' Heart and Lung Claims," McDonald Carano Client Alert, September 12, 2023
- Author, "Workers' Compensation Update: New Senior Appeals Officer and New Local Rules," McDonald Carano Client Alert, September 12, 2023
- Published materials for and lectured at the National Business Institute's CLE seminar, "Finding It Fast on the Net: Strategies for Legal Research on the Web," in November 2013 and December 2015
- Author, "Judgments," Chapter 29 of the *Nevada Civil Practice Manual*, Sixth Edition, 2016

Awards and Recognition

- *Nevada Business Magazine* – "Legal Elite/Top Rank Attorneys" (2013, 2016, 2018, 2022, 2023)

- *The Best Lawyers in America* – “Lawyer of the Year” in Bankruptcy and Creditor Debtor Rights/Insolvency and Reorganization Law (2022)
- *The Best Lawyers in America* – Bankruptcy and Creditor Debtor Rights/Insolvency and Reorganization Law (2018-2024)
- Nevada Women’s Fund Women of Achievement Award (2015)

Community Engagement

- Junior League of Reno – Served on the Executive Board and as Secretary for 2017-2018; served as board member and co-chair of fundraising committee from 2013-2014; received the Junior League of Reno’s President’s Award for 2013-2014
- Chamber’s Leadership Reno-Sparks Program – Past Member and Co-Chair of the Marketing and Communications Committee (Class of 2016)
- Served as a member of the Las Vegas and Reno chapters of the American Inns of Court, the Clark County Bar Association’s New Lawyers Committee, and the Bankruptcy and Young Lawyers sections of the Nevada State Bar with NITA, instructing local attorneys on deposition skills.

McDonald Carano LLP (www.mcdonaldcarano.com)

Reno Office: 100 West Liberty Street, Tenth Floor, Reno, NV 89501, P: 775.788.2000

Las Vegas Office: 2300 West Sahara Avenue, Suite 1200, Las Vegas, NV 89102, 702.873.4100